



**HI-DESERT**  
FAMILY HEALTH CLINICS  
HI-DESERT MEMORIAL HEALTH CARE DISTRICT

# PATIENT RESOURCE LIST

(Updated 01/12/2015)

## ALCOHOL/DRUG TREATMENT

- Alcoholics Anonymous Hotline 760/366-1183
- Yucca Valley Center For Change 760/369-1074
- Narcotics Anonymous Hotline 800/833-2830

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- Area Agencies on Aging and Aging & Disability Resource Centers 800/677-1116
  - Calif Children's Services 909/891-3300
  - Calif Relay TDD/TTY telephone 877/889-2457
  - Calif Access Program 800/806-1191
  - Child Protective Services 760/228-5300
  - Caregiver support group 760/366-1308

## CONVALESCENT/SKILLED NURSING

- Continuing Care Center 760/366-1500
- Desert Manor 760/365-0717
- Sky Harbor 760/365-4870

- Diabetes Association 909/558-3022
- Diabetes Education 760/366-6324
- EDD Disability claims/forms 800/480-3287

## COMMUNITY/RECREATION CENTERS

- Yucca Valley 760/369-7211
- 29 Palms 760/367-7562
- Joshua Tree 760/366-3723
- Healthy Generations 760/365-9661
- Boys & Girls Club 760/365-5437

## FOOD DISTRIBUTION

- American Food Bank 623/694-6861
- 29 Palms Community Food Pantry 760/361-3663
- Santa Fe Social Club 760/369-4057
- The Way Station 760/366-8088
- Meals on Wheels for seniors 951/342-3057

## HEALTH CLINICS

- Family Health Clinics (YV) 760/365-9305
- Family Health Clinics (29) 760/367-5906

## HOME NURSING & HOSPICE

- Hi-Desert Home Health & Hospice 760/366-6424
- Hospice of Morongo Basin 760/366-1308
- Visiting Nurses Assoc. 760/365-8314

## HOMELESS SHELTERS

- Morongo Basin Haven 760/365-7219
- Martha's Village (Indio) 760/347-4741
- Roy's Desert Resource (Palm Springs) 760/676-5200
- Coachella Valley Rescue Mission 760/347-3512
- Lighthouse Social Services (Veterans) 951/616-1628

- La Leche League 800/525-3243
- Life Alert (home alert program) 800/360-0329

## LONG-TERM CARE

- Ombudsman Program 909/891-3928
- Dept of Aging & Adult Services 760/228-5390

## MEDI-CAL/MEDICARE/INSURANCE

- FQHC Outreach- Covered CA 760/366-4370
- General Information 800/772-1213
- Medicare Hotline 800/633-4227

## MENTAL HEALTH SERVICES

- Crisis Walk-In Cntr (CWIC) 855/365-6558
- Hi Desert Behavioral Health 760/366-1541
- Family Health Clinics (YV) 760/365-9305  
(29) 760/367/5906
- TAY Center 760/228-9657
- New Horizons Counseling 760/369-0294
- Pacific Clinics 760/228-9657
- Affiliated Psychological Systems 760/367-3290  
760/369-7166
- Laura Ransdell, LCSW 760/910-5017

## RESIDENTIAL CARE

- Aspen Village Care, Yucca Vly 760/228-2729
- Desert Rose Elder Care, 29Palms 760/367-9175
- Hi-Desert Family Eldercare, JTree 760/366-3845
- Ingleside Lodge, Yucca Valley 760/228-1180
- Santa Fe Assisted Living, Yucca 760/365-0887

## SENIOR SUPPORT

- Aging & Adult Services 760/228-5390
- Adult Protective Services 877/565-2020

## SOCIAL SERVICES

- Heidi Albright, ACSW (CLINICS) 760/366-1550
- Theresa Harbin, ACSW (HDMC) 760/366-6714

## TRANSPORTATION

- HDMC LIFT program 760/366-5438
- MBTA Dial-A-Ride 760/366-2395
- Reach Out Morongo Basin 760/369-8671
- VTrans 909/981-5099

- Unity Home (domestic violence shelter) 760/366-9663
- Victims' Services 877/433-9069
- Hi-Desert Pregnancy Center 760/369-8512
- San Bernardino County Resources 211



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